

# Resident of the Month



Our resident of the month is Miss Kate. You can find Kate doing crossword puzzles or beating someone in Skip-BO. She also loves to play Bingo and most of the time wins!

Kate married her husband around 1940 and they owned a grocery store right here in Kalamazoo. While owning and managing a grocery store Kate raised two boys, Doug and Jim. If you see her around make sure to stop and say hi!

# Employee of the Month



*Congratulations  
Wanda Brown!*

Fountain View of Portage would like to thank you for all your hard work! We appreciate you!

## FEBRUARY BIRTHDAYS

February 13 – Robert Paxton  
February 27 – Adrian Scott

# Fountain View Buzz

February 2020



**Fountain View of Portage  
7818 Kenmure Dr  
Portage Michigan 49024**

**Kimberly Barber  
Administrator**

**Kasheema Johnson  
Resident Care  
Manager**

**Alexsis Alexander  
Resident Care  
Manager**

**Korah Wilson  
Resident Care  
Manager**

**Miranda Perry  
Life Enrichment  
Director**

**Maria Spinelli  
Office Manager**

**Chad Slater  
Maintenance**

**Janet Gardner  
Dietary Manager**

**Emma Williams  
Housekeeper  
Manager**

## FUNRAISER TIME!!!

**EXTRA EXTRA HEAR ALL ABOUT IT!**

**Order your carnations now!!**

This is your time to tell your loved one, your friend, whoever it may be that you care and appreciate them! Fountain View of Portage is hosting a carnation give a way at \$2 a carnation. This can include a note if you would like and will be handed out on Valentine's Day. Please call us today and ask for Miranda if you have any questions! All donations will be going toward bettering our community! **Please have all donations in by February 12<sup>th</sup>!**

**Coming Soon:  
New Dining Experience!!  
March 2020**





## Valentine's Day February 14th

T	S	E	R	A	E	D	D	I	P	U	C	E	Z	C
S	T	S	S	E	E	B	E	O	M	U	W	V	H	D
T	R	R	S	N	N	N	E	B	S	O	K	O	J	N
F	A	E	E	I	G	M	E	M	R	N	C	L	B	E
I	E	W	C	T	A	S	W	R	I	O	R	H	O	I
G	H	O	N	N	P	A	A	P	L	N	O	R	Y	R
I	H	L	A	E	M	F	L	A	H	N	E	V	F	F
L	U	F	M	L	A	F	T	B	G	D	D	X	R	L
O	G	V	O	A	H	E	C	U	B	Y	A	W	I	R
V	O	G	R	V	C	C	U	R	E	N	R	E	E	I
E	T	R	A	E	H	T	E	E	W	S	L	R	N	G
Y	E	R	R	I	O	I	D	H	F	W	I	O	D	E
O	A	N	I	R	T	O	P	C	K	K	N	D	N	D
U	R	O	S	E	S	N	K	I	S	S	G	A	Q	A
E	C	A	N	D	Y	D	E	V	O	L	E	B	E	R

ADORE  
AFFECTION  
ARROW  
BE MINE  
BELOVED  
BOYFRIEND  
CANDY  
CHAMPAGNE  
CHERUB  
CHOCOLATE

CUPID  
DARLING  
DEAREST  
FLOWERS  
GIFTS  
GIRLFRIEND  
HEARTS  
HUG  
I LOVE YOU  
KISS

LOVE  
PINK  
POEM  
RED  
ROMANCE  
ROSES  
SWEETHEART  
VALENTINE



### UPCOMING EVENTS

- February 1- National Dark Chocolate Day
- February 2 – Super bowl
- February 6 – National Frozen Yogurt day
- February 8 – Arts with the Scouts
- February 11- Family Council
- February 14 – Valentine's Day: Carnation handouts
- February 20 – Pet Therapy

### IN-SERVICE

- February 7- CPR Class
- February 20 – Abuse/Neglect 2PM

## Living Joyfully – Singing and Gratitude

“...be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ...” Ephesians 5:18-19

An American Pastor, Quaker, Author and Speaker named Richard Foster wrote a wonderful book on the spiritual life called “Celebration of Discipline” over 40 years ago. In this book, Richard goes into depth about how creating space for God through prayer, fasting, solitude, etc. allows the human heart to be placed before God in order to be transformed by God. I heard Richard speak about his book in Petoskey, MI in 2018, and one line he quoted from the book really stood out to me. He said, “Joy is the keynote of all the disciplines.” In other words, creating space for God through the disciplines of prayer, fasting, solitude, etc. leads to experiencing more joy in your life! Since our theme in 2020 is “Living Joyfully,” I want to share two things I do often. It is such a joy for me to have the opportunity to provide spiritual care for our residents in the northern homes, and a few things that I get to experience and do every time I am in the homes with residents are the practices of singing and gratitude. I’ll bring my guitar and sing a variety of songs, some of which the residents know, and so they sing along usually with smiles on their faces. I encourage a lot of our residents to listen to music that brings them joy, because music is a gift that can open our hearts in ways that other means cannot. Coupled with singing, I also practice gratitude with our residents asking them what they are thankful for. Research into positive psychology shows that the practice of gratitude can help make a person happier and more content with their life, which leads to joy. Over the last year, it has been such a blessing to me to see how much singing and gratitude has been and continues to impact the lives of our residents. May we keep singing and giving thanks always in every season with our residents the unending blessings from above!

## Mini Cherry Cheesecake

### Ingredients



- ❖ 24 vanilla wafer cookies
- ❖ 2 (8 ounce) packages cream cheese, softened
- ❖ 3/4 cup white sugar
- ❖ 2 eggs
- ❖ 2 1/2 tablespoons lemon juice
- ❖ 1 teaspoon vanilla extract
- ❖ 1 (12 ounce) can cherry pie filling

### Directions

1. Preheat oven to 350 degrees F (175 degrees C). Line 24 muffin cups with paper liners.
2. Place a vanilla wafer into the bottom of each muffin cup.
3. Beat cream cheese, sugar, eggs, lemon juice, and vanilla extract in a bowl until fluffy. Spoon mixture into the muffin cups, filling them 2/3 full.
4. Bake in the preheated oven until cheesecake filling is set, 15 to 20 minutes. Let cool completely, about 1 1/2 hours. Spoon 2 or 3 cherries from pie filling over each cheesecake.