

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="margin: 0;">Ash Calendar</h2> <p style="margin: 0;">*Note: Residents are welcomed & encouraged to attend activities in the other buildings. Please see the main activity schedule for further insight. Times and schedule may vary based on resident needs & abilities.</p> <p style="margin: 0; background-color: yellow;">Yellow = Main activity room/different building</p>				1	2	3
				8a - MAP 10a – Bethany Church 11a- Social Hour 1p – Dominoes	9a- Salsa Dancing 10a- Jeopardy 1pm- Movie & Popcorn, “The Grinch”	9a - Fitness 10a – Volunteer Worship Service (This group rotates buildings each week)
4	5	6	7	8	9	10
9a – Morning fitness (the type of exercise program varies daily for variety) Weekend & evening activities are led by building staff. Staff: Please use the TOP 10 list provided	8a – MAP 9a- Fitness 10a – Decking the Halls (popcorn/noodle stringing) & Hot Cocoa 2p – Readers Theater	8a-MAP 9a- Free Massages 2p- Holiday Charades	8a – MAP 9a - Fitness 10a – Edible Bingo 2p – Parachute Ball Happy B-Day Russel	8a - MAP 10a- Pastor Jeff 11a- Social Hour 10a- Worship Sing-a-long 2p – Collage Dream Boards Happy B-Day Carolyn	8a – MAP 9a - Fitness 2p – Movie & Popcorn, 6p – Dancing with the Stars Staff/Stars	Weekend Activity Packets 9a - Fitness 10a – Volunteer Worship Service (This group rotates buildings each week) Happy B-Day Evangelina
11	12	13	14	15	16	17
9a – Morning fitness Weekend & evening activities are led by building staff.	Weekend Activity Packets 10a – Oils of the Bible. Story & Aroma Therapy 1p- Painting w/Watercolors 6pm- City Church	8a- MAP 9a- Fitness 10a- Spa Day 3p-Green Valley Christmas Happy B-Day James	8a- MAP 9a- Fitness 10a – Edible Bingo 1p- Christmas Sing-a-long	8a- MAP 9a- Fitness 10a – Bethany Church 11a- Social Hour 10p – Ornaments Making 1p- Belly Dancing w/scarves	Staff Party Today! Movie & Popcorn “It’s a Wonderful Life” Time TBA	Weekend Activity Packets 9a - Fitness 10a – Volunteer Worship Service (This group rotates buildings each week))
18	19	20	21	22	23	24
9a – Morning fitness Weekend & evening activities are led by building staff.	8a- MAP 9a- Fitness 10a – 1p Bing Crosby Christmas Party! (Family Invited)	8a- MAP 9a- Fitness 10a – Boom Wackers, musical exercise 1p - Cookie Decorating	8a- MAP 9a- 10a Christmas Caroling Parade *All building involved	8a – MAP 9a- Fitness 10a- Service w/Pastor Jeff 11a- Social Hour 2p- “A Christmas Story”, resident performance	Tree Lighting Ceremony & Readers Theater Performance @ 6pm Happy Birthday Willie & Houston	Weekend Activity Packets 9a- Fitness 10a – Volunteer Worship Service (This group rotates buildings each week)
25	26	27	28	29	30	31
	9a - Fitness 11a – 40/20 Fitness <div style="border: 1px solid green; padding: 2px; text-align: center;">Green = Christine is off this week.</div>	9a - Fitness 10:30a – Spa Day	9a - Fitness 10a – Edible Bingo 1p- Noodle Ball	10a – Bethany Church 11a- Social Hour Happy B-Day Carmen	2p- Movie & Popcorn	

Red = Spirit week for residents & staff MAP= Morning Announcements/Calendar & Prayer

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="margin: 0;">Birch Calendar</h2> <p style="margin: 0;">*Note: Residents are welcomed & encouraged to attend activities in the other buildings. Please see the main activity schedule for further insight. Times and schedule may vary based on resident needs & abilities. Green= resident care staff led activities and continue after 5p Yellow = Main activity room/different building</p>				1 8a - MAP 10a – Bethany Church 11a- Social Hour 1p – Dominoes	2 9a- Salsa Dancing 10a- Jeopardy 1pm- Movie & Popcorn, “The Grinch”	3 9a - Fitness 10a – Volunteer Worship Service (This group rotates buildings each week)
4 9a – Morning fitness (the type of exercise program varies daily for variety) Weekend & evening activities are led by building staff. *Staff: Please use the TOP 10 list provided	5 8a – MAP 9a- Fitness 11a – Decking the Halls (popcorn/noodle stringing) & Hot Cocoa 1p – Readers Theater	6 8a-MAP 9a- Free Massages 1p- Holiday Charades	7 8a – MAP 9a - Fitness 11a – Edible Bingo 1p – Parachute Ball Happy B-Day Russel	8 8a - MAP 10a- Pastor Jeff 11a- Social Hour 11a- Worship Sing-a-long 1p – Collage Dream Boards Happy B-Day Carolyn	9 8a – MAP 9a - Fitness 2p – Movie & Popcorn, 6p – Dancing with the Stars Staff/Stars	10 Weekend Activity Packets 9a - Fitness 10a – Volunteer Worship Service (This group rotates buildings each week) Happy B-Day Evangelina
11 9a - Morning fitness Weekend & evening activities are led by building staff.	12 Weekend Activity Packets 11a – Oils of the Bible. Story & Aroma Therapy 2p- Painting w/Watercolors 6pm- City Church	13 8a- MAP 9a- Fitness 10a- Spa Day 3p-Green Valley Christmas Happy B-Day James	14 8a- MAP 9a- Fitness 11a – Edible Bingo 2p- Christmas Sing-a-long	15 8a- MAP 9a- Fitness 10a – Bethany Church 11a- Social Hour 11p – Ornaments Making 2p- Belly Dancing w/scarves	16 Staff Party Today! Movie & Popcorn “It’s a Wonderful Life” Time TBA	17 Weekend Activity Packets 9a - Fitness 10a – Volunteer Worship Service (This group rotates buildings each week))
18 9a - Morning fitness Weekend & evening activities are led by building staff.	19 8a- MAP 9a- Fitness 1p – 3p Bing Crosby Christmas Party! (Family Invited)	20 8a- MAP 9a- Fitness 11a – Boom Wackers, musical exercise 2p - Cookie Decorating	21 8a- MAP 9a- 10a Christmas Caroling Parade *All building involved	22 8a – MAP 9a- Fitness 10a- Service w/Pastor Jeff 11a- Social Hour 2p- “A Christmas Story”, resident performance	23 Tree Lighting Ceremony & Readers Theater Performance @ 6pm Happy Birthday Willie & Houston	24 Weekend Activity Packets 9a- Fitness 10a – Volunteer Worship Service (This group rotates buildings each week)
25 	26 9a - Fitness 1a – Fun w/Maha	27 9a - Fitness 1p – Spa Day	28 9a - Fitness 10a – Edible Bingo 1p- Noodle Ball	29 10a – Bethany Church 11a- Social Hour Happy B-Day Carmen	30 2p- Movie & Popcorn	31
Green = Christine is off this week.						

Red = Spirit week for residents & staff MAP= Morning Announcements/Calendar & Prayer

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>This is the day that the Lord has made; let us rejoice and be glad in it. - Psalm 118:24.</i></p>				1	2	3
				<p>8a - MAP 10a – Bethany Church 11a- Social Hour 1p – Dominoes</p>	<p>9a- Salsa Dancing 10a- Jeopardy 1pm- Movie & Popcorn, "The Grinch"</p>	<p>Please see activity board 10a – Volunteer Worship Service (In Activity Room)</p>
4	5	6	7	8	9	10
<p>See the weekend activity board. Get together with friends</p>	<p>8a – MAP 9a- Open Heart Yoga & Toning Bowls 10a – Deck the Halls & Hot cocoa bar 1p – Readers Theater</p>	<p>9a- Free Massages 10a-2p Spa Day 2p- Holiday Charades</p>	<p>8a - MAP 10a – Resident Council 1p – Bingo 2p – Corn Hole 6p – Yahtzee Happy B-Day Russel</p>	<p>8a - MAP 10a- Pastor Jeff 11a- Social Hour 2p- Meijer Shopping support (online) 6p- Game Night Happy B-Day Carolyn</p>	<p>10a – Jeopardy 2p – Movie & Popcorn, Home Alone 6p – Dominoes</p>	<p>Weekend self-guided activities Please see activity board 10a –Volunteer Worship Service Happy B-Day Evangelina</p>
11	12	13	14	15	16	17
<p>See the weekend activity board. Do you have projects to finish?</p>	<p>10a – Oils of the Bible: Essential Oil Workshop w/ Maha 1p- Readers Theater 6pm- City Church</p>	<p>9a- Rhythm Sticks 10a- Cookie Decorating 3p-Green Valley Christmas Happy B-Day James</p>	<p>9 Christmas Sing-a-long 10a – Bingo 1p – Knitting Club 2p – B. Volleyball</p>	<p>10a – Bethany Church 11a- Social Hour 1p –Ornaments Making 2pm – "It's a Wonderful Life (part1)</p>	<p>Staff Party Today! "It's a Wonderful Life (part2) – Time TBA</p>	<p>Weekend self-guided activities Please see activity board 10a – Volunteer Worship Service</p>
18	19	20	21	22	23	24
<p>See the weekend activity board. All set for Christmas?</p>	<p>9a – Country Line Dancing 10a – Tea Tasting 1p – Readers Theater 2p – Santa's Workshop</p>	<p>9a – Boom Wackers, musical exercise 10a – Carol Burnett Comedy Hour 11a Spa Day 2p – R. Theater</p>	<p>9a Christmas Caroling Parade 11a – Bingo 1p –Bing Crosby Christmas Party!</p>	<p>8a - MAP 10a- Pastor Jeff (Activity Room) 11a- Social Hour 2p- Resident Performance "A Christmas Story"</p>	<p>Tree Lighting Ceremony & Readers Theater Performance @ 6pm Happy Birthday Willie & Houston</p>	<p>Weekend self-guided activities Please see activity board 10a –Worship Service</p>
25	26	27	28	29	30	31
	<p>10a – 40/20 Fitness</p>	<p>10a – Comedy Hour Happy B-Day Lucille</p>	<p>10a – Bingo 2p – B. Volleyball</p>	<p>10a – Bethany Church 11a- Social Hour Happy B-Day Carmen</p>	<p>10a – Jeopardy 2p- Movie & Popcorn</p>	

Green – 5 Days of fun with Maha. More activities to be announced. Red = Spirit week for residents & staff